

**HEALTH AND WELL-BEING BOARD  
21 MAY 2019****BI-ANNUAL PROGRESS REPORT FROM THE HEALTH  
IMPROVEMENT GROUP (HIG)**

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**Board Sponsor**

Dr. Frances Howie, Director of Public Health

**Author**

Rachael Leslie, Directorate of Public Health

**Priorities**

Mental health & Well-being	Yes
Being Active	Yes
Reducing harm from Alcohol	Yes

**Safeguarding**

Impact on Safeguarding Children  
If yes please give details

Yes

Impact on Safeguarding Adults  
If yes please give details

Yes

**Item for Decision, Consideration or Information**

Information and assurance

**Recommendation**

- 1. The Health and Well-being Board is asked to:**
  - a. Consider and comment on progress made by the Health Improvement Group (HIG) between November 2018 and March 2019;**
  - b. Consider membership and attendance to ensure that the HIG can operate effectively and contribute to the Health and Well-being Board strategy.**

**Background**

2. The Health Improvement Group (HIG) reports bi-annually to the Health and Well-being Board (HWBB). Since its last report to the Board, the HIG has met twice, on 12 December 2018 and 20 March 2019. The HIG leads and ensures progress of action to improve health and wellbeing, focusing on health inequalities and the wider determinants of health and wellbeing in Worcestershire. The HIG receives annual

progress updates on District Health and Wellbeing Plans, considers local issues and shares good practice with wider partners.

3. Attendance at the December and March HIG meetings has been strong from the District Councils but there has been no representation from WCC Adult Services, West Mercia Police, Worcestershire Health and Care NHS Trust, Worcestershire Acute Hospitals NHS Trust and the University of Worcester. Age UK Herefordshire and Worcestershire have recently joined the group to provide a VCS perspective. The HIG provides an opportunity for all partners to contribute to improving health and wellbeing and to understand progress against plans at District level.

### **Summary of Progress: District Health and Wellbeing Plans**

4. Each of the District Health and Wellbeing Plans are developing the three priorities in the Health and Well-being Board Plan and may include additional priorities based on intelligence from local health profiles.

### **Wyre Forest Health and Wellbeing Action Plan 2016-21**

5. The Wyre Forest Health and Wellbeing Action Plan 2016-21 is delivered by the Wyre Forest Health and Wellbeing group which works together to tackle key health issues in the district. The plan is reviewed by the District Council Overview and Scrutiny committee and will be going to Wyre Forest District Council Cabinet for approval. District level priorities align with countywide priorities including improving mental health and wellbeing, reducing harm from alcohol at all ages and being active at every age. Additionally, local priorities are addressed and based on intelligence: Obesity, Social isolation, Dementia, Homelessness and Breastfeeding.

6. Around 7000 interventions and activities have been delivered to improve health and wellbeing across a range of activities. There have been programmes to raise awareness and deliver training on topics including Starting Well, an Older People's Showcase, Greener Living Shows and Dementia Action.

7. An annual 5 Ways to Wellbeing campaign has been rolled out focusing on each theme for two months at a time. The 'Give' theme focussed on volunteering, a Volunteer Fair was well attended and local opportunities for volunteering were promoted through media channels.

8. A range of physical activity programmes have been delivered or supported across Wyre Forest, these include Health Walks, the Couch to 5K introduction to running programme, Adult Cycling, Wheels for All and Parkrun. An 'Activities for Older People' booklet has been produced and distributed widely to encourage uptake of local opportunities for physical activity, this also aims to bring Older People together with the aim to reduce loneliness and contribute to positive wellbeing.

### **Bromsgrove Partnership Community Wellbeing Theme Group Action Plan**

9. The Bromsgrove Community Wellbeing Theme Group has developed an action plan based on the six key principles underpinning the Worcestershire Health and Well-being Strategy 2016-21. The HWB strategy priorities are also local priorities within the strand of the Bromsgrove Community Wellbeing Theme Group action plan.

10. Progress to date includes the rollout of the Connecting Families approach; establishing a Children and Young People Improving Mental Wellbeing working group; targeted health and wellbeing support for staff working in the depots and new opportunities for physical activity.

11. Bromsgrove has achieved recognition and registration as a Dementia Friendly Community. The local Redditch and Bromsgrove Dementia Action Alliance (DAA) continue to encourage local businesses and partner organisations to sign up to the DAA.

12. A number of events have been taking place throughout the District including Sajid Javid's Pensioners Fayre, which was attended by more than 700 residents. Events for Connecting Families, Warmer Worcestershire and increasing physical activity also took place. Events aim to promote opportunities for local residents to access services and support in their local area.

13. The Partnership continues to produce a Wellbeing in Partnership Newsletter which covers Redditch and Bromsgrove to keep partners informed. They also maintain a local directory of services called the 'Knowledge Bank'.

### **Malvern Hills Health and Wellbeing Plan 2016-21**

14. The Malvern Hills Health and Wellbeing Five Year Plan has identified a number of priorities which include the three HWBB priorities as well as addressing local areas of need.

15. Over the past 12 months, work has progressed around mental health and wellbeing initiatives including Time to Change initiatives, Mental Health First Aid training for staff at Malvern Hills District Council, Dementia Friends training, and local action to tackle loneliness and improve wellbeing. There has also been a focus on housing, rough sleepers and planning for healthier communities, each influenced by an aim to maintain and improve mental health and wellbeing.

16. Following the successful theatre production of 'SELFie where's the HARM' focussing on young people's mental health, a DVD and teacher resource pack has been produced and made available to all Worcestershire schools and youth settings. Work is continuing to roll out use of the resource to as many educational settings as possible.

17. A number of physical activity programmes have been taking place for all age groups including Balanceability (an introduction to cycling for very young children), Walking for Health for all ages and running programmes for all levels including Couch to 5k and Couch to 50k.

18. Focusing on reducing alcohol harm, the Tea Party Alcohol Campaign specifically targeted drinking at home and was launched on social media in 2017 and work is continuing to further increase the reach and impact of the resource.

### **General items**

19. Since the previous bi-annual report in November 2018, the HIG has also discussed and considered the following:

### **Joint Strategic Needs Assessment Annual Summary**

20. The group received an update and demonstration on the current JSNA annual summary and members were encouraged to use the available intelligence and analysis at District level. Nationally, Local Authorities and Clinical Commissioning Groups have a joint responsibility for delivering a Joint Strategic Needs Assessment on behalf of the Health and Well-being Board. The group focussed discussion on substance misuse, smoking, alcohol and oral health.

### **Licensing Levers**

21. The group received a presentation on Licensing Levers that covered the Licensing Act (2013), opportunities for improving health and wellbeing through Licensing and case studies demonstrating good practice.

22. District Councils are committed to using Licensing Laws as a method for tackling alcohol related harm. The group shared national and local examples of good practice of using licensing policy, including those that focus on responsible consumption of alcohol, including Pubwatch, Best Bar None, Restrictions on sale or supply of super strength beers and ciders, Lowesmoor Link and Purple Flag. The role of taxi drivers in supporting a safe night-time economy was discussed. Training has been delivered to licensed taxi drivers.

23. HIG members can influence Licensing in a number of ways, including commenting on applications for alcohol licenses, participating in the consultation on the review on the Statement of Licensing Policy, and championing schemes such as Best Bar None, Pubwatch. Districts councils were asked to continue to support the licensing process as a way of protecting and improving health and wellbeing.

### **Men in Sheds**

24. The HIG welcomed a presentation from Age UK Bromsgrove, Redditch and Wyre Forest (BRWF) and some participants in a local 'Men in Sheds' programme. Men in Sheds brings together older men from a community in a 'shed' or workshop with an aim to tackle loneliness and social isolation in older men where retirement can mean loss of status and contact. Participants share practical skills and work together on wood work projects or similar. The HIG heard from the participants directly about how their mental health and wellbeing and social connections have improved following their involvement with the programme.

25. There are a number of successful Men in Sheds projects in Worcestershire with a new shed setting up in Worcester and interest in Evesham. Sustainability is an ongoing issue and the presentation asked partners for support to continue progressing the project in terms of opportunities for funding, community assets as premises to run the initiatives and partners acting as ambassadors for the project. A discussion took place with suggestions about whether shed initiatives could be incorporated into planning and linking with workplaces through schemes such as Worcestershire Works Well.

## **Herefordshire and Worcestershire's Living Well with Dementia Strategy**

26. A representative from the CCG presented an overview of the development of the draft Dementia Strategy following the presentation of the draft Strategy to the HWBB in February 2019. The local need, key messages, challenges, and objective areas were summarised for the group. The draft action plan is currently being developed with a proposed launch in Summer 2019.

27. A discussion took place that highlighted the need to broaden the strategy and action plan to take account of opportunities for prevention and the role of Housing and District Councils. District Councils need to be more involved as they have a responsibility for planning and housing.

28. The HIG will next meet in June 2019 and anticipate receiving the following items at meetings before reporting back to the board in autumn 2019; Worcester, Redditch, and Wychavon District Council Plans; Making Every Contact Count; Substance misuse; Early Help Partnership update and Promoting Independence Project.

### **Legal, Financial and HR Implications**

As appropriate

### **Privacy Impact Assessment**

As appropriate

### **Equality and Diversity Implications**

As appropriate

### **Contact Points**

County Council Contact Points

County Council: 01905 763763

Worcestershire Hub: 01905 765765

Specific Contact Points for this report

Name, Dr. Frances Howie, Director of Public Health

Tel:: 01905 845533

Email: [fhowie@worcestershire.gov.uk](mailto:fhowie@worcestershire.gov.uk)

### **Supporting Information**

N/A

### **Background Papers**

N/A